



WINTER SESSION 4



Sunday 2:00pm

Open to all ages

25 minute lesson & 25 free time

February 24

March 3, 10, 17, 24, 31



\$139 FOR 6 WEEKS

\$17.25 Annual Membership Fee

Annual Fee is required to participate, see back for more info

Learn To Skate - Winter 2019 Session 4

Name of Skater: _____ Date of Birth: _____

Address: _____ City: _____ State: _____ Zip: _____

Contact Phone: _____ Email: _____

I am paying for this session by: Check MC Visa DISC AMEX

Skated before: Yes / No If yes, What is the highest level passed? _____

Skate backward: Yes / No

AmeliaParkLTS@gmail.com

21 South Broad St., Westfield, MA 01085

(413)-568-2503



www.ameliaparkice.com

Tips & FAQ

Be on time

- Arrive a good 20 minutes before class kicks off to allow time to check in at the registration table and lace up your skates
- If you sign up beforehand your name tag will be pre-made so you can skip the registration line and check in at the table!

Bring lots of layers

- Comfort and moving freely about are essential for new skaters
- Choose to wear sweatpants or warmer up pants instead of bulkier snow pants.
- Bring a jacket too, since indoor rinks do set thermostats at a brisk 50 degrees Fahrenheit

Socks. Thin over thick

- Bulkier, thicker socks limit support and create unwanted bumps inside the boots.
- Go with lightweight socks or (dance/skating) tights.

Keep your hands warm

- On the first day, you will be taught to fall, gloves or mittens are imperative to prevent hands from getting all scraped up. If you forgot to bring a pair, sift through the lost in found or ask Juliette for a pair to borrow!

Protect your head

- Wearing helmets for all beginning skaters is strongly recommended, especially for little ones!

FAQ:

Do we have to purchase skates or are they provided?

Rent skates first, buy later! With our program rental skates are included, so no need to buy skates. We recommend buying skates when you are ready to take the next steps to progress beyond recreation. Be sure to ask us about our preferred skate vendor, Ice House!

Can I skate or stand with my skater during lessons or free time?

Parents may observe classes of all levels, skills, and ages from the stands or designated areas. Please avoid standing in doorways or in/on the player benches, this can distract skaters. All skaters will learn and move at their own speed. We have numerous volunteers and coaches who assist our beginner classes. Please remember these are group lessons not private.

Why am I paying for an annual membership?

Our program is administered by Learn to Skate USA. You will be a member of the best skating program endorsed by U.S. Figure Skating, USA Hockey and US Speed skating. You will receive a Welcome Packet in the mail, which includes a subscription to Learn to Skate USA The Magazine; receive secondary sport accident insurance; and be allowed to participate in lessons, performances, competitions, and all activities associated with Learn to Skate USA.